



**TRAINERS
NETWORK**

South East Network

Peninsula Network

AFL SOUTH EAST Trainers Network

AFL South East

Casey Fields, Cranbourne East VIC 3977 | May, 2016



AFL South East Trainers Network

KEY OBJECTIVE:

Develop 2 x AFL South East Trainers Networks under the one AFL South East banner

1. SEFNL & SEJ – AFL South East Trainers ‘South East’ Network
 2. MPNFL (PFNL & NFNL), FDJFL & MPJFL – AFL South East Trainers ‘Peninsula’ Network
- Note: TBC – Umpires (SUA, SEJ) & South Eastern Womens Football Competition



AFL South East Trainers Network

Communication Platforms

- Trainers Network document to all Partners and Club Trainers, includes database contacts for everybody (by Peninsula and South East Networks)
- Clubs and Partners can communicate direct to the Group or direct to an individual Specialist Partner or individual Club (your Network only)
- Training Calendar on-line and as part of Trainers Network document for dates and topics of 'Train the Trainers' and education nights. Share dates on Facebook Group and send to commercial@aflse.com.au for calendar update
- AFLSE Trainers Network logo on each league website with a link through to a Training Network landing page on AFL South East website
 - Landing page includes:
 - AFLSE Trainers Network framework document
 - Contact database for all Clubs and Partners
 - Facebook Group page (for sharing information, comments, questions, videos, educational documents & tips)

HIGH IMPORTANCE

- **All Club Trainer and Partners to join their individual "Trainer Network Facebook Group" - to join just search or click either of the below:**
 1. [AFL South East Trainers Network - South East](#)
 2. [AFL South East Trainers Network – Peninsula](#)

Home Base

- SEFNL & SEJ: Casey Fields
- MPNFL & FDJFL: TBC – Frankston Park

Network Members (Communication Database)

- 1-2 representative from each club in SEFNL, SEJ, MPNFL, FDJFL
- 1-2 representative from each AFL South East supplier/partner

Network Committee (TBC)

- 1x Committee for each AFL South East Trainers "Peninsula" Network
- 1x Committee for each AFL South East Trainers "South East" Network
- Representatives
 - 3 from clubs
 - 3 from Partners
 - 3 from AFL South East
 - 1 from Chisholm



AFL South East Trainers Network



Network 1: SEFNL, SEJ & SOUTH EASTERN WOMENS

Network 2: MPNFL, FDJFL & SOUTH EASTERN WOMENS

LEAGUES	PHYSIO & ALLIED HEALTH	HOSPITAL	MEDICAL (Medics)	SPORT MEDICINE SUPPLIES	PODIATRY	SPORTS REC MANAGEMENT	SPECIALIST SPORTS MEDICINE DOCTORS & CONCUSSION MANAGEMENT	SPORTS TRAINING: FIRST AID & ERC	SPORTS & RECOVERY	OTHERS
<u>NETWORK 1</u> <ul style="list-style-type: none"> SEFNL SEJ SE Womens 	Physioworks	The Valley Private Hospital	Colbrow Medics	Victor Sports	Walk on Podiatry	Chisholm	MP Sports Physicians	Colbrow Medics	P3 Sports & Recovery	Care Monkey (Player registration and injury reporting)
<u>NETWORK 2</u> <ul style="list-style-type: none"> MPNFL FDJFL SE Womens 	Peninsula Sports Medicine Group	Peninsula Private Hospital (TBC)	Medical Edge	Elastoplast (MPNFL) Victor Sports (FDJFL)	Karak & Wilson Podiatry	Chisholm	MP Sports Physicians	Medical Edge	PARC (TBC)	Care Monkey (Player registration and injury reporting)





Calendar of Events - 2017

Note: Colbrow Medic First Aid, CPR & ERC Training Calendar Link – [CLICK HERE](#)

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
NETWORK 1 SEFNL, SEJ & SE Womens			Train the Trainers Football – Wed 1st th @ 6:45pm Physioworks Cranbourne Train the Carers Netball –Wed 8 th @ 6:45pm Physioworks Cranbourne									
NETWORK 2 MPNFL, FDJFL & SE Womens		Train the Trainers – Mon 27 th 7pm PSMG Langwarrin	Train the Trainers & Carers Netball – Mon 20 th @ 7pm PSMG Langwarrin		Train the Trainers Football – Wed 3 rd @ 7pm PSMG Langwarrin							



Service Providers Contacts – South East Network

South East Corridor	Company	Email	Phone	Website
PHYSIO & ALLIED HEALTH	Physioworks (David Francis)	cranbourne@physioworksvic.com.au	03 5995 1111	http://physioworkshealthgroup.com.au/
HOSPITAL	The Valley Private Hospital (Kylie Christmas)	Kylie.Christmas@healthecare.com.au	(03) 9790 9333	http://www.thevalleyprivate.com.au/
MEDICAL & FIRST AID	Colbrow Medics (Adrian Widuckel)	adrian@colbrowmedics.com	1300 550 123	
SPORT MEDICINE SUPPLIES	Victor Sports (Andrew Shenker)	andrew@victor-sports.com	0418 311 162	https://www.victor-sports.com/
PODIATRY	Walk on Podiatry (Dominic Sano)	dominic@walkonpodiatry.com.au	03 5941 6147	
SPORTS REC MANAGEMENT	Chisholm (Conor Mullan)	Conor.Mullan@Chisholm.edu.au	0419 533 897	https://www.chisholm.edu.au/
SPECIALIST SPORTS MEDICINE DOCOTORS & CONCUSSION MANAGEMENT	MP Sports Physicians (Lisa Huguenin)	lhuguenin@mpsportsphysicians.com.au	(03) 9770 2398	http://www.mpsportsphysicians.com.au/
TRAINING: FIRST AID & ERC	Premium Health (TBC)			
PLAYER REGO & INJURY REPORTING	Care Monkey (Michael Tantouri)	michael@caremonkey.com	0423 921 428	www.caremonkey.com.au
SPORTS & RECOVERY	P3 Sports (Jo Clark)	jo@p3sports.com.au	0403 227 787	http://p3sports.com.au/

AFL South East Trainers Network



Club Contacts – South East Network (SEFNL Clubs)

	League	Club	Position	First Name	Last Name	Email	Phone Number
1	SEFNL - Football	Beaconsfield	Trainer	Shane	Baker	shane.baker3@bigpond.com	0400 137 399
2	SEFNL - Football	Berwick	Trainer	Troy	Hall	troy@hallhealthcare.com.au	0421 077 474
3	SEFNL - Football	Cranbourne	Secretary			cranbournefc@bigpond.com	
4	SEFNL - Football	Doveton	Trainer	Scott	Brennan	s24927@bigpond.com	
5	SEFNL - Football	Hampton Park	Secretary			hpfnf@outlook.com	
6	SEFNL - Football	Narre Warren	Trainer	Glenn	Keetley	jgkeetley@hotmail.com	
7	SEFNL - Football	Officer	Trainer	Michael	O'Dwyer	type3small@yahoo.com	0413 134 865
8	SEFNL - Football	Pakenham	Trainer	Nicole	Muley	nic@jarrcon.com.au	
9	SEFNL - Football	Tooradin-Dalmore	Trainer			enza.sutton@bigpond.com	
10	SEFNL - Netball	Beaconsfield	Secretary			zieslers@bigpond.net.au	
11	SEFNL - Netball	Berwick	Secretary			info@berwicknetballclub.com.au	
12	SEFNL - Netball	Cranbourne	Secretary			gaylesparks@bigpond.com	
13	SEFNL - Netball	Doveton	Secretary			a.stewart@alfred.org.au	
14	SEFNL - Netball	Hampton Park	Secretary			lisa_ms@hotmail.com	
15	SEFNL - Netball	Narre Warren	Secretary			netball@nwfnf.com.au	
16	SEFNL - Netball	ROC	Secretary			rocnetballclub@gmail.com	
17	SEFNL - Netball	Pakenham	Secretary			svenmarg@bigpond.com	
18	SEFNL - Netball	Tooradin-Dalmore	Secretary			tatey_79@hotmail.com	



AFL South East Trainers Network



Club Contacts – South East Network (SEJ Clubs)

	League	Club	Position	First Name	Last Name	Email	Phone
1	SEJ	Beaconsfield	Secretary			secretary@beaconsfieldjfc.com.au	
2	SEJ	Berwick	Trainer	Gemma	Kalmar	gemkalmar@hotmail.com	
3	SEJ	Berwick North	Secretary			secretary@timbarratornados.com.au	
4	SEJ	Berwick Springs	Secretary			secretary@berwickspringsjfc.com.au	
5	SEJ	Cobras	Secretary			klacunes9@gmail.com	
6	SEJ	Cranbourne	Trainer	Anne	Dickinson	nitroann@bigpond.net.au	
7	SEJ	Endeavour Hills	Secretary			secretary@endeavourhillsjfc.com.au	
8	SEJ	Endeavour North	Secretary			mossgielpark@gmail.com	
9	SEJ	Fountain Gate	Secretary			kmiller@gators.com.au	
10	SEJ	Hallam	Secretary			hallamfc@outlook.com	
11	SEJ	Hampton Park	Secretary			hpjfc-secretary@live.com.au	
12	SEJ	Koo Wee Rup	Secretary			juniors@kooweerupfc.com	
13	SEJ	Lyndhurst	Secretary			secretary@lfn.com.au	
14	SEJ	Nar Nar Goon	President			nngfcsecretary@gmail.com	
15	SEJ	Narre North Foxes	Secretary			secretary@narrenorthfoxes.com	
16	SEJ	Narre South Lions	Secretary			secretary@narresouthlions.com.au	
17	SEJ	Narre Warren	Secretary			secretary@nwjfc.com.au	
18	SEJ	Noble Park	Secretary			npfcj@hotmail.com	
19	SEJ	North Dandenong	Secretary			northdandy@gmail.com	
20	SEJ	Officer	Trainer	Wayne	Jones	way.jones72@gmail.com	
21	SEJ	Pakenham	Secretary			admin@pakenhamjfc.com.au	
22	SEJ	Parkmore	Secretary			aprilrose1102@yahoo.com	
23	SEJ	Tooradin-Dalmore	Secretary			juniorsecretary@tooradinfc.com	



Service Providers Contacts – Peninsula Network

Peninsula Corridor	Company	Email	Phon	Website
PHYSIO & ALLIED HEALTH	Peninsula Sports Medicine Group (Lachlan Goodison)	lachlan@psmggroup.com.au	(03) 5973 5511	http://www.psmgroup.com.au/
HOSPITAL	Peninsula Private Hospital (TBC)			
MEDICAL	Medical Edge (Brodie White)	brodie@medicaledge.com.au	1300 427 944	www.medicaledge.com.au
SPORT MEDICINE SUPPLIES	Elastoplast (MPNFL) (Andrew Meehan)	andrew@beiersdorf.com.au	0416 187 529	https://www.elastoplast.com.au/
	Victor Sports (FDJFL) (Andrew Shenker)	andrew@victor-sports.com	0418 311 162	https://www.victor-sports.com/
PODIATRY	Karak & Wilson Podiatry (Paul Karak)	pjkarak@bigpond.com	03 9776 5576	
SPORTS REC MANAGEMENT	Chisholm (Conor Mullan)	Conor.Mullan@Chisholm.edu.au	0419 533 897	https://www.chisholm.edu.au/
SPECIALIST SPORTS MEDICINE DOCOTORS & CONCUSSION MANAGEMENT	MP Sports Physicians (Lisa Huguenin)	lhuguenin@mpsportsphysicians.com.au	(03) 9770 2398	http://www.mpsportsphysicians.com.au/
TRAINING: FIRST AID & ERC	Premium Health (TBC)			
PLAYER REGO & INJURY REPORTING	Care Monkey (Michael Tantouri)	michael@caremonkey.com	0423 921 428	www.caremonkey.com.au



AFL South East Trainers Network



Club Contacts – Peninsula Network (Nepean FNL Clubs)

	League	Club	Position	First Name	Last Name	Email	Phone
1	Nepean FNL - Football	Crib Point	Secretary			rachel.d.cribpointfnc@gmail.com	
2	Nepean FNL - Football	Devon Meadows	Secretary			Allan.King@completetapping.com	
3	Nepean FNL - Football	Devon Meadows	Secretary			AndrewH@batteryspecialties.com.au	
4	Nepean FNL - Football	Dromana	Trainer	Valda	Knight	valentina13_13@hotmail.com	0414 655 852
5	Nepean FNL - Football	Frankton Bombers	Trainer	Bob	Offer	boffer@internods.on.net	0417 532 606
6	Nepean FNL - Football	Frankton Bombers	Trainer	Eric	Mushins	ericmushins@optusnet.com.au	0414 515 410
7	Nepean FNL - Football	Hastings	Secretary			jones.se@bigpond.net.au	
8	Nepean FNL - Football	Pearcedale	Trainer	Carol	Blake	maoblake@icloud.com	0438 786 604
9	Nepean FNL - Football	Pearcedale	Trainer	Phil	Blake	pblake@bigpond.net.au	0438 786 605
10	Nepean FNL - Football	Red Hill	Secretary			ryec@netspace.net.au	
11	Nepean FNL - Football	Rosebud	Secretary			info@rosebudfnc.com.au	
12	Nepean FNL - Football	Rye	Secretary			smcmahon@bigpond.com	
13	Nepean FNL - Football	Somerville	Secretary			gmartin@chl.net.au	
14	Nepean FNL - Football	Sorrento	Secretary			kathy.sorrentofc@bigpond.com	
15	Nepean FNL - Football	Tyabb	Secretary			mat_sarah@bigpond.com.au	





Club Contacts – Peninsula Network (Nepean FNL Clubs)

	League	Club	Position	First Name	Last Name	Email	Phone
1	Nepean FNL - Netball	Crib Point	Secretary			fi.w@cribpointfnc.com	
2	Nepean FNL - Netball	Devon Meadows	Secretary			pe_schramm@hotmail.com	
3	Nepean FNL - Netball	Dromana	President			netball@dromanatigers.com.au	
4	Nepean FNL - Netball	Frankston Bombers	Secretary			emily.j.williams@live.com.au	
5	Nepean FNL - Netball	Hastings	Secretary			karen.gay@flooringextra.com.au	
6	Nepean FNL - Netball	Pearcedale	President			pfnc.pinkpanthers@yahoo.com.au	
7	Nepean FNL - Netball	Red Hill	President			victoriamross@hotmail.com	
8	Nepean FNL - Netball	Rosebud	President			alisonraphael@bigpond.com	
9	Nepean FNL - Netball	Rye	President			jodie.stephens@live.com.au	
10	Nepean FNL - Netball	Somerville	President			kristy.marshall@bendigoadelaide.com.au	
11	Nepean FNL - Netball	Sorrento	President			sorrentofnc@hotmail.com	
12	Nepean FNL - Netball	Tyabb	Secretary			jayemelissa@gmail.com	





Club Contacts – Peninsula Network (Peninsula FNL Clubs)

	League	Club	Position	First Name	Last Name	Email	Phone
16	Peninsula FNL - Football	Bonbeach	Secretary			secretary@bonbeachsharks.com.au	
17	Peninsula FNL - Football	Chelsea	Secretary			chelseafcsecretary@gmail.com	
18	Peninsula FNL - Football	Edithvale-Aspendale	Secretary			ediasp.secretary@gmail.com	
19	Peninsula FNL - Football	Frankston YCW	Secretary			secretary@stonecats.com.au	
20	Peninsula FNL - Football	Karingal	Trainer	Tom	Lindsey	tom.lindsey@bigpond.com	0478 611 220
21	Peninsula FNL - Football	Karingal	Trainer	Brenda	Tolley	brendatolley@me.com	0419 377 553
22	Peninsula FNL - Football	Langwarrin	Secretary			secretary@langwarrinfc.com.au	
23	Peninsula FNL - Football	Mornington	Secretary			morningtonfc@telastralia.com.au	
24	Peninsula FNL - Football	Mt Eliza	Secretary			cassandra@well-aligned.com.au	
25	Peninsula FNL - Football	Pines	Secretary			lynrusty@optusnet.com.au	
26	Peninsula FNL - Football	Seaford	Secretary			secretary@seafordfc.com.au	





Club Contacts – Peninsula Network (Peninsula FNL Clubs)

	League	Club	Position	First Name	Last Name	Email	Phone
13	Peninsula FNL - Netball	Bonbeach	Secretary			kirsty_halley@hotmail.com	
14	Peninsula FNL - Netball	Chelsea	Secretary			chelsea_vela@hotmail.com	
15	Peninsula FNL - Netball	Edithvale-Aspendale	President			edi-aspnetball@outlook.com.au	
16	Peninsula FNL - Netball	Frankston YCW	Secretary			loza43@hotmail.com	
17	Peninsula FNL - Netball	Karingal	Secretary			roblee64@optusnet.com.au	
18	Peninsula FNL - Netball	Langwarrin	Secretary			netballmanager@langwarrinfc.com.au	
19	Peninsula FNL - Netball	Mornington	President			leah.sutcliffe@hotmail.com	
20	Peninsula FNL - Netball	Mt Eliza	President			rachael.obrien@live.com.au	
21	Peninsula FNL - Netball	Pines	President			pinesnetball@outlook.com	
22	Peninsula FNL - Netball	Seaford	Secretary			netball@seafordfnc.com.au	

AFL South East Trainers Network



Club Contacts – Peninsula Network (FDJFL Clubs)

	League	Club	Position	First Name	Last Name	Email	Phone
1	FDJFL	Bonbeach YCW	Secretary			secretary@bonbeachycwfooty.org	
2	FDJFL	Carrum Downs	Secretary			morgan.rj@bigpond.com	
3	FDJFL	Carrum Patterson Lakes	Secretary			secretarycpljfc@gmail.com	
4	FDJFL	Chelsea	Secretary			secretary@chelseaafc.com.au	
5	FDJFL	Devon Meadows	Trainer	Scott	Skewes	dmjfc.president@gmail.com	0408 568 620
6	FDJFL	Edithvale-Aspendale	Secretary			secretary@eaafc.com.au	
7	FDJFL	Frankston Dolphins	Secretary			dolphinssecretary@hotmail.com	
8	FDJFL	Frankston Rovers	Secretary			secretary@frankstonrovers.com.au	
9	FDJFL	Frankston YCW	Secretary			secretaryfycwafc@gmail.com	
10	FDJFL	Karingal	Secretary			smythboys@hotmail.com	
11	FDJFL	Keysborough	Secretary			pollyshell09@bigpond.com	
12	FDJFL	Langwarrin	Secretary			secretary@langyafc.com	
13	FDJFL	Mordialloc	President			simonpayne72@gmail.com	
14	FDJFL	Mornington	Secretary			morningtonafc@gmail.com	
15	FDJFL	Mt Eliza	Secretary			secretary@mtelizafc.com	
16	FDJFL	Pines	Secretary			secretary-pinesafc@outlook.com	
17	FDJFL	Seaford	Secretary			sjfcsecretary@optusnet.com.au	

